

# Buchanan Area Senior Center—March 2025 Calendar

Fitness / Health / Cards & Games / Educational & Informative & Special Programs / Other Programs

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>10:00 Chair Fitness with Linda 1:00 Euchre 1:00 Mah Jongg</p> <p style="text-align: right;">3</p>	<p>9:00 Osteo Fit with Missy 1:00 Pinochle 1:00 Quilting &amp; Sewing Class/Project 5:30 Powerbeats with Missy</p> <p style="text-align: right;">4</p>	<p>9:00 Coffee Chat 9:00 Fasting Blood Sugar Testing 10:15 Chair Fitness with CeCe 1:00 Hand &amp; Foot 6:00 Pinochle 6:00 Euchre</p> <p style="text-align: right;">5</p>	<p>11:00 Chair Yoga 1:00 Mah Jongg 1:00 Game Day</p> <p style="text-align: right;">6</p>	<p>9:00 Powerbeats with Missy 10:00 Chair Fitness with Lizz 1:00 Fiber Friends</p> <p style="text-align: right;">7</p>
<p>10:00 Chair Fitness with Linda 1:00 Euchre 1:00 Mah Jongg</p> <p style="text-align: right;">10</p>	<p>9:00 Osteo Fit with Missy 10:30 Forever Friends: Buchanan Girl Scouts 1:00 Pinochle 1:00 Quilting &amp; Sewing Class/Project 2:00 Hearing Aid Check 5:30 Powerbeats with Missy</p> <p style="text-align: right;">11</p>	<p>10:15 Chair Fitness with CeCe 1:00 Hand &amp; Foot 6:00 Pinochle 6:00 Euchre 2:00 Debunking Diabetes Myths</p> <p style="text-align: right;">12</p>	<p>9:00 Foot Clinic 9:30 Blood Pressure Check 11:00 Chair Yoga 1:00 Mah Jongg 1:00 Game Day 1:00 Monthly CSFP Commodities 3:00 Board Meeting 6:00 LGBTQ+ Social Gathering</p> <p style="text-align: right;">13</p>	<p>9:00 Powerbeats with Missy 10:00 Chair Fitness with Lizz 1:00 Fiber Friends 1:00 Movie Matinee: Iron Jawed Angels</p> <p style="text-align: right;">14</p>
<p>10:00 Chair Fitness with Linda 1:00 Euchre 1:00 Mah Jongg 1:30 St. Patrick's Day Party 1:00 2nd Pick-Up Monthly CSFP Commodities</p> <p style="text-align: right;">17</p>	<p>9:00 Osteo Fit with Missy 1:00 Pinochle 1:00 Quilting &amp; Sewing Class/Project 5:30 Powerbeats with Missy</p> <p style="text-align: right;">18</p>	<p>10:15 Chair Fitness with CeCe 12:30 Root Beer Floats 1:00 Hand &amp; Foot 2:00 Hospice and Myth Busters 6:00 Pinochle 6:00 Euchre</p> <p style="text-align: right;">19</p>	<p>9:30 Eyeglass Repair 10:30 Book Club 11:00 Chair Yoga 1:00 pm Mah Jongg 1:00 Game Day 2:00 Women's Contributions to Michigan History</p> <p style="text-align: right;">20</p>	<p>9:00 Powerbeats with Missy 10:00 Chair Fitness with Lizz 1:00 Fiber Friends</p> <p style="text-align: right;">21</p>
<p>10:00 Chair Fitness with Linda 1:00 Euchre 1:00 Mah Jongg</p> <p style="text-align: right;">24</p>	<p>9:00 Osteo Fit with Missy 1:00 Pinochle 1:00 Quilting &amp; Sewing Class/Project 3:00 Phone Assistance 5:30 Powerbeats with Missy</p> <p style="text-align: right;">25</p>	<p>10:15 Chair Fitness with CeCe 1:00 Hand &amp; Foot 1:00 Birthday Bingo 6:00 Pinochle 6:00 Euchre</p> <p style="text-align: right;">26</p>	<p>11:00 Chair Yoga 1:00 pm Mah Jongg 1:00 Game Day 1:00 Veterans MyHealthVet Assistance</p> <p style="text-align: right;">27</p>	<p>9:00 Powerbeats with Missy 10:00 Chair Fitness with Lizz 11:30 Lunch Bunch 1:00 Fiber Friends 1:00 Movie Matinee: I am Woman</p> <p style="text-align: right;">28</p>
<p>10:00 Chair Fitness with Linda 12:30 Ice Cream Social 1:00 Euchre 1:00 Mah Jongg</p> <p style="text-align: right;">31</p>	<p>  Play at the Tin Shop Theatre The Clock Struck One Sunday, March 16 at 4:00 pm See page 14 for more information</p>	<p>National Meatball Day March 9</p> <p></p>	<p>March was once considered the first month of the year.</p> <p></p>	<p>March was named after Mars</p> <p></p>